Toronto Foundation for **Student Success**

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BRIDGING THE NUTRITION GAP

ABOUT

Through TFSS's School Food Hub, Bridging the Nutrition Gap provides supplemental nutritious food at no cost to Student Nutrition Programs across Toronto, from September through June. TFSS purchases fresh and shelf-stable food in bulk from the Ontario Food Terminal, local businesses and other food suppliers, then delivers it directly to programs using our fleet of cargo vans and trucks, alongside our not-for-profit delivery partners.

TFSS also provides shelf-stable food at no cost to secondary school nutrition pantries. These pantries give students the opportunity to choose a week's worth of food to take home.

KEY FACTS

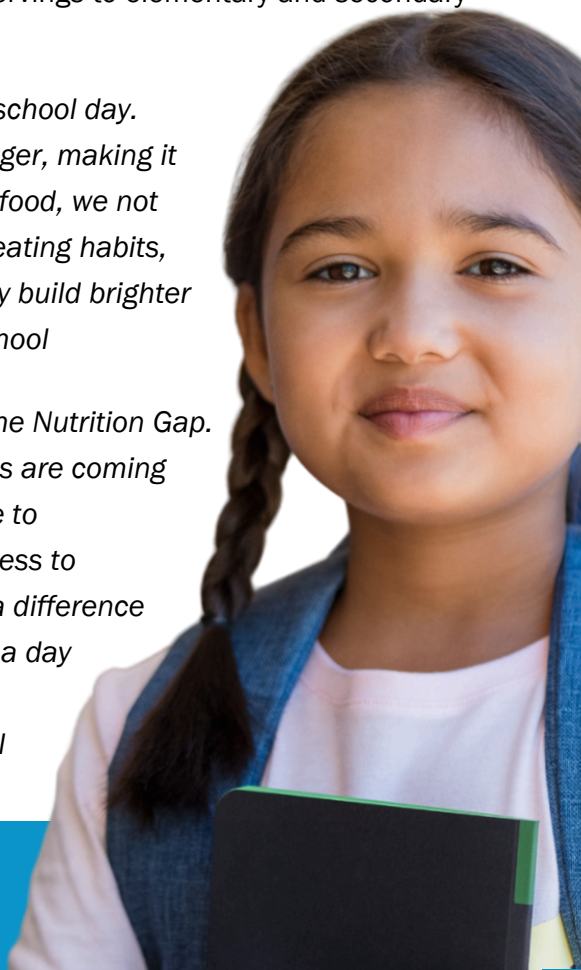
In the 2025-2026 school year, the Bridging the Nutrition Gap program:

- Provided approximately 45% more food than programs could purchase at retail cost.
- Supported over 119,000 students in 331 schools across Toronto.
- Provided over 6.5 million supplemental food servings to elementary and secondary students.

THE IMPACT

"Meals help students self-regulate throughout the school day. When they're hungry, their focus shifts to their hunger, making it hard to concentrate in class. By offering nutritious food, we not only fuel their bodies but also teach them healthy eating habits, which they can take with them for a lifetime as they build brighter futures for themselves." - Principal, Elementary School

"We are so grateful for the support from Bridging the Nutrition Gap. There is a lot of student hunger at our school — kids are coming without lunches, and the morning snack we're able to offer is often their first meal of the day. Having access to nutritious food during the school day makes such a difference for our students — it's truly the difference between a day with sunshine and one without. The help from this program is a lifeline!"- Principal, Elementary School



TFSS works with a range of partners to support these critical programs.
For more information, please email info@tfss.ca or call 416-394-6880.