Toronto Foundation for **Student Success**

DONATE NOW
tfss.ca/donate

STUDENT NUTRITION PROGRAM

ABOUT

Student Nutrition Programs (SNPs) provide children and youth with over 284,000 nutritious meals every school day. There are more than 1,000 SNPs, provided primarily in schools, where students eat a healthy breakfast, lunch, or snack. When we're talking about student nutrition, it's simple: *if you're hungry, it's hard to focus, and if you can't focus, you can't learn*. To level the playing field for our most vulnerable children, we need to ensure that they are well-nourished and face one less barrier to graduating from school. TFSS works with a range of partners to support this critical program.

KEY FACTS

- 1 in every 4 children in Toronto lives in poverty and, in our most at-risk communities, up to 68% of children come to school hungry each day.
- A healthy breakfast for a child costs just $2.50.
- Students who don't eat breakfast are 2x as likely to be suspended and are more likely to miss school. 78% of secondary school students who eat breakfast on most days are on track for graduation.
- Principals and teachers perceive that students' attitudes, behaviours, and rates of tardiness improve when they eat a healthy meal.
- The bulk of SNP funding comes from individual and corporate donations. Funding also comes from other sources including the City of Toronto, Government of Ontario, and the Government of Canada. Parents, community members, teachers, and other volunteers make up the teams who run the SNPs.
- To help ensure children have access to the nourishment they need, additional food is delivered directly to schools through our School Food Hub, Toronto's first dedicated school food hub.

THE IMPACT

An elementary school student's single mother fell ill and was unable to provide her children with healthy food. The student and her siblings were arriving at school hungry and without snacks to keep their energy up during the day. With the help of their school's Student Nutrition Program, the student and her siblings arrived early to learn how to prepare healthy meals. They also ate a full breakfast and were given nutritious snacks to get them through the day.

TFSS works with a range of partners to support these critical programs.
For more information, please email info@tfss.ca or call 416-394-6880